## **GOLF LESSON**

With the help of new high-performance technologies, such as the latest generation of Trackman, our teacher is at your disposal to optimise your performance by working on all aspects of the game. The teacher offers lessons on the practice range or accompanied lessons on the course, in order to train you in real conditions. The formulas with several hours of lessons allow you to progress rapidly.

## **LESSONS**

1h - 75€ for 1 person / 55€ per person for 2 people
2h - 135€ for 1 person / 95€ per person for 2 people

Quick warm-up - TrackMan diagnosis - Work on some technical points - Personalized assessment - Access to the training area - 2 buckets of balls and exercises.

## **ACCOMPANIED COURSE - 9 HOLES**

2h on 9 holes - 150€ for 1 person / 125€ per person for 2 people / 99€ per person for 3 people 4h30 on 18 holes - 300€ for 1 person / 255€ per person for 2 people / 199€ per person for 3 people

- Quick warm-up
- · Small game
- Big game
- Routine
- · Game strategy
- Exercises
- Debriefing / assessment
- Personalized training program
- Access to the training area
- 1 bucket of balls and exercises

